

Statistics Report 18537, ARCHWAY Home Style Cookies, Oatmeal

Report Date: July 04, 2017 18:37 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water	g	10.28	1	--	--	--	--	--	--	--	Calculated by manufacturer, not adjusted or rounded for NLEA	--	11/2005
Energy	kcal	421	1	--	--	--	--	--	--	--	Calculated or imputed	--	11/2005
Energy	kJ	1763	--	--	--	--	--	--	--	--	Calculated or imputed	--	11/2005
Protein	g	5.48	1	--	--	--	--	--	--	--	Calculated by manufacturer, not adjusted or rounded for NLEA	--	11/2005
Total lipid (fat)	g	14.08	1	--	--	--	--	--	--	--	Calculated by manufacturer, not adjusted or rounded for NLEA	--	11/2005
Ash	g	2.00	1	--	--	--	--	--	--	--	Calculated by manufacturer, not adjusted or rounded for NLEA	--	11/2005
Carbohydrate, by difference	g	68.17	1	--	--	--	--	--	--	--	Calculated by manufacturer, not adjusted or rounded for NLEA	--	11/2005

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Fiber, total dietary	g	2.9	1	--	--	--	--	--	--	--	Calculated by manufacturer, not adjusted or rounded for NLEA	--	11/2005
Sugars, total	g	34.50	1	--	--	--	--	--	--	--	Calculated by manufacturer, not adjusted or rounded for NLEA	--	11/2005
Minerals													
Calcium, Ca	mg	35	1	--	--	--	--	--	--	--	Calculated by manufacturer, not adjusted or rounded for NLEA	--	11/2005
Iron, Fe	mg	2.45	1	--	--	--	--	--	--	--	Calculated by manufacturer, not adjusted or rounded for NLEA	--	11/2005
Potassium, K	mg	219	1	--	--	--	--	--	--	--	Calculated by manufacturer, not adjusted or rounded for NLEA	--	11/2005
Sodium, Na	mg	394	1	--	--	--	--	--	--	--	Calculated by manufacturer, not adjusted or rounded for NLEA	--	11/2005
Vitamins													
Vitamin C, total ascorbic acid	mg	0.0	1	--	--	--	--	--	--	--	Calculated by manufacturer, not adjusted or rounded for NLEA	--	11/2005
Thiamin	mg	0.300	1	--	--	--	--	--	--	--	Calculated by manufacturer, not adjusted or rounded for NLEA	--	11/2005

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Riboflavin	mg	0.180	1	--	--	--	--	--	--	--	Calculated by manufacturer, not adjusted or rounded for NLEA	--	11/2005
Niacin	mg	1.880	1	--	--	--	--	--	--	--	Calculated by manufacturer, not adjusted or rounded for NLEA	--	11/2005
Folate, total	µg	54	1	--	--	--	--	--	--	--	Calculated by manufacturer, not adjusted or rounded for NLEA	--	11/2005
Vitamin A, IU	IU	15	1	--	--	--	--	--	--	--	Calculated by manufacturer, not adjusted or rounded for NLEA	--	11/2005
Lipids													
Fatty acids, total saturated	g	3.200	1	--	--	--	--	--	--	--	Calculated by manufacturer, not adjusted or rounded for NLEA	--	11/2005
Fatty acids, total monounsaturated	g	5.660	1	--	--	--	--	--	--	--	Calculated by manufacturer, not adjusted or rounded for NLEA	--	11/2005
Fatty acids, total polyunsaturated	g	1.330	1	--	--	--	--	--	--	--	Calculated by manufacturer, not adjusted or rounded for NLEA	--	11/2005
Fatty acids, total trans	g	3.880	1	--	--	--	--	--	--	--	Calculated by manufacturer, not adjusted or rounded for NLEA	--	11/2005

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Cholesterol	mg	10	1	--	--	--	--	--	--	--	Calculated by manufacturer, not adjusted or rounded for NLEA	--	11/2005